

**Curriculum for Social Pediatrics –  
pre- and postgraduate training in Social Pediatrics.  
( The Role of the Society for Social Pediatrics in the CR)**

**Kukla Lubomír, M.D., Ph.D.**

Head of the Department of Preventive and Social Pediatrics of

Research Institute of Child Health, CEJL 91, BRNO, CR

and General Secretary of the Czech Society for Social Pediatrics

of the Czech Medical Association J.E.Purkyni

---

## **Introduction:**

A complex care of child was proclaimed in the conception of pediatrics in the Czech Republic. During the transformation of health services and in the conditions of market economy, pediatrics has been changing its contents. The interest is directed rather to solving concrete nosologic units and their treatment. The preventive aspect of the care of child has been realized mainly in the line of the first contact with patient (primary health care).

At present, the activities of universal character of prevention have been developing even within the branch of preventive medicine, former hygiene. In the care of family and child we have been missing **the psychosocial aspects** of care more and more. Formerly no medical

special society unifying experts of non-medical branches in the care of child arose. Because of transition of our society and transformation of our health care services we need the close cooperation and team work of all the specialists to secure entitled demands of child. Child health and child health promotion have to be integrated into a new public health policy with special focus on intersectoral and international collaboration and community participation.

## **Background:**

The change of our political system in 1989, transition of the society and transformation of health care services, changes in health indicators (e.g. in the character of morbidity and mor-

tality) as well as in health conditions of the population (e.g. the increase of specific social problems) and international experiences (e.g. ESSOP, ISPCAN, WHO, UNICEF, etc.) have entitled us:

## **OBJECTIVES:**

a) to found a special society for social pediatrics within the Czech Medical Association of J.E.Purkyně, which was realized on November 10, 1992 in the town of Ostrava, following great efforts of a group of enthusiasts,

b) to create the conception of social pediatrics we have been working on very intensively, namely from the view of implementation of social pediatrics as an independent branch and from the view of its incorporation both into postgraduate and pregraduate training,

c) to incorporate social pediatrics in national as well as international scale - which we have been trying to realize particularly by presenting at ESSOP, ISPCAN etc.

## **DEFINITION:**

Within public health social pediatrics is the branch dealing with social factors of health and disease of child, with child health in a broad contextual understanding of health implications of the child, the family and society in interaction. Owing to its interdisciplinary character, in the given political, economic, demographical and social climate, it opens the programmes that will lead to the improvement of bio-psycho-social development of child and child health.

## **OBJECTIVES of the CSSP:**

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

The Czech Society for Social Pediatrics (CSSP) welcomes not only physicians, but also other professionals (sociologists, psychologists, lawyers, demographers, ecologists, social workers, public health workers, rehabilitation workers/ physiotherapists, nannies and nurses, and others).

## **STRATEGY:**

*CSSP is a professional organization which forms, develops and hammers out social pediatrics as an independent branch in present conditions.*

### **Topics of interest of social pediatrics are:**

1. framework of all the pediatric activities in a broader sense resulting from changing relations between child and its environment ( society, closer wider circle - neighbours, teachers, contemporaries in pre-school, school and external institutions, family and its economic-ecological influence, psychosocial dimensions of the child's development in a complete, incomplete, dysfunctional family etc.), resp.:

- Basic function of family, its disorders and their detection and appraisalment

- Relation : child, family, pediatrician, family care of children from pediatricians point of view

- Child and its environment :

a) child's socialization, influential factors, their detection and appraisalment. Interventions for child's benefit. Process of socialization.

b) Society, nearer wide society - neighbourhoods, teachers, contemporaries in schools, kindergartens and different institutions out of schools.

c) Family and economical - ecologic influences.

2. needs, demands, and rights of child in the society, necessity of interdisciplinary solving the child's problems in the society (importance of a new legislation especially which is not declare on the Convention on the rights of the child) child's living conditions.

3. Care of health child in society : services and rates, social help. Population policy.

4. Specialized social - pediatric care in (of) children:

a) Children in risk - definition, conception, evidence, social, health and pedagogic care, ecological factors - unfavourable environment

b) Handicapped children:

- *physically* - kind of handicap, differentiated dg, interventions - ways of interventions according to kind of handicap

- *sensomotoric* (sight, hearing, speech.) kinds of handicap, differentiated dg, interventions

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

- ways of interventions according to kind of handicap. Basic school education, review of alternative school methods.

- *mentally* - kinds of handicap, dif. dg, interventions - ways of interventions according to kind of handicap.

Integration in family, school, society.

- *combined* - see above

c) Socially maladapted children, emotionally handicapped.

d) Tortured, abused and neglected children - clinical picture, diagnostics (health + social), therapy, prevention, evidence, prognosis, reports etc.

e) Ill (especially chronically) children

-) perception of illness by child

-) perception of illness by family

-) illness as a factor which is influencing the development of child

-) specific problems of certain groups of chronic diseases

- e.g. congenital developmental defects (malformations) etc.

-) self - help, family care, clubs

-) special therapy (medicine, psychosocial, social, legal, etc. according to needs)

-) prevention and health support

5. Social aspect of injuries and poisoning in children :

- kinds and reasons of injuries + their prevention

6. Sudden and unexpected infant death

7. Families of different ethnics, children and families of refugees, homeless people, immigrants

8. Gypsies - specific problems, mentality etc.

9. Childrens narkomania, prostitution, delinquency. Murders and suicides of children or done by children

10. Children in poverty, children abused by work

11. Children in substitute family care :

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

- adoption
- foster care
- others forms
- appraisalment of health state for single forms of substitute family care
- motivation, legal norms, ways of help, system of care

12. creating special interdisciplinary teams of professionals (pediatrician, social worker, public health worker, psychologist, sociologist, etc) that will arise in departmental institutions taking care of child health.

13. solving the problems of institutions providing differentiated care of children, especially those mentioned in item No.4 (in institutes for sucklings and childrens homes, childrens centres for threatened and handicapped children, nurseries, hospitals, sanatoria, convalescent homes, S.O.S. children villages, institutions of social care, etc.....)

14. share in other institutions caring of children etc.....

ACTIVITIES:

**Concrete activities of The Czech Society for Social Pediatrics started in several different topics as follows :**

1. the formation of society members database and its supplementing, propagation of the Society and its activities among non-physicians,
2. solving the financial independence of the Society,
3. dealing with the ministries (especially with Ministry of Health, Ministry of Work and Social Affairs, Ministry of Education), with the Chamber of Physicians, with the General/ / National Health Insurance Company as well as with other Health Insurance Companies etc.,
4. a number of special medical opinions were made for the Ministry of Health ,
5. We took part in the seminar of the Society for Public Health and Social Medicine and other Societies (Pediatric Society, Neonatology etc.)
6. SSP is continuing in building the conception of social pediatrics trying to acknowledge social pediatrics as an independent branch with subsequent system of education on both, undergraduate as well as post-graduate level. Official version was discussed in Committee of Czech Pediatric Society, Society for Adolescent Medicine of the Czech Medical Association JEP, was sent to the Ministry of Health (Dept.of Science and Education, Dept.of Primary Health Care etc.) and to the Czech Chamber of Physicians,
7. SSP has been preparing lecture notes of social pediatrics,

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

8. SSP participates in the preparation of a new legislation for Czech health care services including the economic aspects of health and social care in children (e.g. institutes for sucklings, children s homes, children s centres) - at present time all social pediatric institutions are on the list of health care services being financed under the regulations of the National Health Insurance.

9. SSP active participate in final preparation of new legislation (law on health care services).

10. Increase in collaboration with other professional societies/ organizations (e.g. Pediatric Society, Society for Social Medicine and Public Health, Society for Hygiene of the Czech Medical Association J.E.Purkyni, Universities, Nursing Schools etc.),

11. Development of collaboration with non-governmental institutions/ organizations working in the field of social pediatrics

(e.g. seminar for non-governmental centre for mentally handicapped children "Blue Key" etc.),

12. Preparation of conditions for development of a group of institutions/ collaborators having the licence for Training in Social Pediatrics on the national level.

13. Development of international collaboration in the field of social pediatrics including exchanges of experts for training as well as for research.

14. Development of collaboration with State Administrative Bodies on the national level (e.g. Ministry of Education..)

15. Editorial work including *managing of a book on the topic* of Social pediatrics.

16. Development of database of sponsors as a tool for better financing of SSP activities.

17. etc.....

## What is being prepared for the next period ?

1. Active participation of SSP (secretary general Dr.L.Kukla) in the 6th European Training Consortium in Public Health- Summer-Course, Prague, July 1996. 2. SSP together with Czech Pediatric Society is organizing

2.National Pediatric Congress with International Participation in Pilsen - September 1996  
topics : Prevention, Nutrition, Vaccination, Varia

Representative of *SSP* coordinates the section of social and preventive pediatrics.

3. Two days lasting seminary on the topic of "the children without families" - *September 1996*

4. *SSP* prepares seminary on the topic of social pediatrics in institutions - November 96

- at the same time with general meeting of members of SSP and elections to the Committee of SSP.

5. *Active participation on ESSOP annual meeting 96 - November, Milano, Italy- Kukla, Petráková*

*the main topics : Nutrition, Environment and Child Health.*

6. Preparation of the 2nd national conference on maltreated, neglected and abused child with international participation held in Prague in November 1997 as a first day of an ESSOP annual meeting 1997

7. ESSOP annual meeting 1997 *held in Prague November 1997*

*topics : Education in PH - Social Pediatrics, Research in SP, Children in the time of political, economical and social changes in Europe.....*

8. Effort at connection of all activities on the field of social pediatrics - *resp. public health (new public health) - cooperation with Aspher - November 97 ?*

**In the present conditions of our country it is really a pioneer activity whose importance will be surely shown in the future.**

**Curriculum for Social Pediatrics - prae- and postgraduate training in Social Pediatrics**

**( The Role of the Society for Social Pediatrics in the CR )**

---

**Kukla Lubomír, M.D.,Ph.D.**

**Abstract :**

The changes in the Czech society after 1989 has created new conditions and opportunities for children in the society. Within public health social pediatrics is the branch dealing with social factors of health and disease of child, with child health in a broad contextual understanding of health implications of the child, the family and society in interaction. Owing to its interdisciplinary character, in the given political, economic, demographical and social climate, it opens the programmes that will lead to the improvement of bio-psycho-social development of child and child health. The main topics of an independent branch of social pediatrics for prae- and postgraduate training are (for example): framework of all activities in a broader sense resulting from changing relations between child and its environment, basic function of the family, its disorders and their detection and appraisal, socialization of the child, needs, demands, and rights of child in the society, new health care systems in society and especially specialized social pediatric care of children ( children in risk, handicapped children, socially maladapted and emotionally handicapped children, chronically ill and CAN syndrome etc.....)

The strategy for support of these ideas are concrete activities of the Czech Society for Social Pediatrics of the Czech Medical Association J.E. Purkyně.



**Curriculum for Social Pediatrics - prae- and postgraduate  
training in Social Pediatrics.**

**( The Role of the Society for Social Pediatrics in the CR )**

---

**Kukla Lubomír, M.D., Ph.D.**

## **Topics of interest are involving :**

1. Framework of all the pediatric activities in a broader sense resulting from changing relations between child and its environment ( society, closer wider circle - neighbours, teachers, contemporaries in pre-school, school and external institutions, family and its economic-ecological influence, psychosocial dimensions of the child's development in a complete, incomplete, dysfunctional family etc.),

resp.:

- Basic function of family, its disorders and their detection and appraisalment

- Relation : child, family, pediatrician, family care of children from pediatrician's point of view

- Child and its environment :

a) child's socialization, influential factors, their detection and appraisalment. Interventions for child's benefit. Process of socialization.

b) Society, nearer wide society - neighbourhoods, teachers, contemporaries in schools, kindergartens and different institutions out of schools.

c) Family and economical - ecologic influences.

2. Needs, demands, and rights of child in the society, necessity

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

of interdisciplinary solving the children's problems in the society (importance of a new legislation especially which is not declared on the Convention on the rights of the child), children's living conditions.

3. Care of health child in society : services and rates, social help. Population policy.

4. Specialized social - pediatric care in (of) children:

a) Children in risk - definition, conception, evidence, social, health and pedagogic care, ecological factors - unfavourable environment

b) Handicapped children:

- *physically* - kind of handicap, differentiated dg, interventions - ways of interventions according to kind of handicap

- *sensomotoric* (sight, hearing, speech.)

kinds of handicap, differentiated dg, interventions

- ways of interventions according to kind of handicap. Basic school education, review of alternative school methods.

- *mentally* - kinds of handicap, dif. dg, interventions - ways of interventions according to kind of handicap.

Integration in family, school, society.

- *combined* - see above

c) Socially maladapted children, emotionally handicapped.

d) Tortured, abused and neglected children - clinical picture, diagnostics (health + social), therapy, prevention,

evidence, prognosis, reports etc.

e) Ill (especially chronically) children

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

- ) perception of illness by child
- ) perception of illness by family
- ) illness as a factor which is influencing the development of child
- ) specific problems of certain groups of chronic diseases
  - e.g. congenital developmental defects (malformations) etc.
- ) self - help, family care, clubs
- ) special therapy (medicine, psychosocial, social, legal, etc. according to needs)
- ) prevention and health support

5. Social aspect of injuries and poisoning in children :

- kinds and reasons of injuries + their prevention

6. Sudden and unexpecting infant death

7. Families of different ethnics, children and families of refugees, homeless people, immigrants

8. Gypsies - specific problems, mentality etc.

9. Children's narkomania, prostitution, delinquency. Murders and suicides of children or done by children

10. Children in poverty, children abused by work

11. Children in substitute family care :

- adoption
- foster care
- others forms
- appraisalment of health state for single forms of substitute family care
- motivation, legal norms, ways of help, system of care

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

12. creating special interdisciplinary teams of professionals

(pediatrician, social worker, public health worker, psychologist, sociologist, etc) that will arise in departmental institutions taking care of child health.

13. solving the problems of institutions providing differentiated care of children, especially those mentioned in item No.4

(in institutes for sucklings and children's homes, children's centres for threatened and handicapped children, nurseries, hospitals, sanatoria, convalescent homes, S.O.S. children villages, institutions of social care, etc.....)

14. share in other institutions caring of children etc.....

## Concrete activities of the Czech Society for Social Pediatrics

1. the formation of society members's database and its supplementing, propagation of the Society and its activities among non-physicians,

2. solving the financial independence of the Society,

3. dealing with the ministries (especially with Ministry of Health, Ministry of Work and Social Affairs, Ministry of Education), with the Chamber of Physicians, with the General/ / National Health Insurance Company as well as with other Health Insurance Companies etc.,

4. a number of special medical opinions were made for the Ministry of Health ,

5. We took part in the seminar of the Society for Public Health

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

and Social Medicine and other Societies (Pediatric Society, Neonatology etc.)

6. SSP is continuing in building the conception of social pedia-

trics trying to acknowledge social pediatrics as an independent branch with subsequent system of education on both, undergraduate as well as post-graduate level. Official version

was discussed in Committee of Czech Pediatric Society, Society for Adolescent Medicine of the Czech Medical Association JEP, was sent to the Ministry of Health (Dept.of Science and Education, Dept.of Primary Health Care etc.) and to the Czech Chamber of Physicians,

7. SSP has been preparing lecture notes of social pediatrics,

8. SSP participates in the preparation of a new legislation for Czech health care services including the economic aspects of health and social care in children (e.g. institutes for sucklings, children s homes, children s centres) - at present time all social pediatric institutions are on the list of health care services being financed under the regulations of the National Health Insurance.

9. SSP active participate in final preparation of new legislation (law on health care services).

10.Increase in collaboration with other professional societies/ organizations (e.g. Pediatric Society, Society for Social Medicine and Public Health, Society for Hygiene of the Czech Medical Association J.E.Purkyni, Universities, Nursing Schools etc.),

11.Development of collaboration with non-governmental institutions/ organizations working in the field of social pediatrics

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

(e.g. seminar for non-governmental centre for mentally handicapped children "Blue Key" etc.),

12.Preparation of conditions for development of a group of institutions/ collaborators having the licence for Training in Social Pediatrics on the national level.

13.Development of international collaboration in the field of social pediatrics including exchanges of experts for training as well as for research.

14.Development of collaboration with State Administrative Bodies on the national level (e.g. Ministry of Education..)

15.Editorial work including *managing of a book on the topic of Social pediatrics.*

16.Development of database of sponsors as a tool for better financing of SSP activities.

17.etc.....

## OBJECTIVES:

a) to found a special society for social pediatrics

b) to create the conception of social pediatrics

c) to realize postgraduate and pregraduate training in social pediatrics

d) to incorporate social pediatrics

in national as well as international  
scale - ESSOP, ISPCAN etc.

#### EVALUATION:

1. SP as an organic part of NPH
2. Curriculum for prae- and post-graduate training in SP will be generally accepted
3. Facilitate a licence for "social pediatricians" in the CR
4. Constitute an international network on the field of SP

#### STRATEGY for the CR:

-----

Position in  
the Society for social pediatrics  
the Society as the whole  
In the present conditions of our  
country it is really a pioneer

activity whose importance will be surely shown in the future.

## OBSTACLES:

1. Ministry of Health of CR

-Dept. of Science and Education

2. Czech Chamber of Physicians

3. Parliament - No Special Law on Education

4. etc.

- 
- 
- 

What is being prepared for the next period ?

1. Active participation of SSP (secretary general Dr.L.Kukla) in the 6th European Training Consortium in Public Health-Summer-Course, Prague, July 1996.
2. SSP together with Czech Pediatric Society is organizing
- 2.National Pediatric Congress with International Participation in Pilsen - September 1996



**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

topics : Prevention, Nutrition, Vaccination, Varia

Representative of *SSP* coordinates the section of social and preventive pediatrics.

3. two days lasting seminary on the topic of "the children without families" - *September 1996*

4. *SSP* prepares seminary on the topic of social pediatrics in institutions - November 96

- at the same time with general meeting of members of *SSP* and elections to the Committee of *SSP*.

5. *Active participation on ESSOP annual meeting 96 - November, Milano, Italy- Kukla, Petráková*

*the main topics : Nutrition, Environment and Child Health.*

6. Preparation of the 2nd national conference on maltreated, neglected and abused child with international participation held in Prague in November 1997 as a first day of an ESSOP annual meeting 1997

7. ESSOP annual meeting 1997 held in Prague November 1997

*topics : Education in PH - Social Pediatrics, Research in SP, Children in the time of political, economical and social changes in Europe.....*

8. Effort at connection of all activities on the field of social pediatrics - *resp. public health (new public health) - cooperation with Aspher - November 97 ?*

**Prevention**

**( district pediatricians,**

**hygienists)**

**UPOZORNĚNÍ: Tento dokument má sloužit výhradně k osobní potřebě oprávněného uživatele a k jeho studijním účelům, je majetkem IPVZ a podléhá autorskému zákonu č. 121/2000 Sb.**

**BIOLOGICAL**

- Diagnosis and treatment

(clinical and district pediatricians)

**HEALTHY CHILD**

**PSYCHOSOCIAL ASPECTS**

Subspecialization of

Pediatrics

Public Health ( ev.NPH)

(Public Health for Children)

**SOCIAL PEDIATRICS HP**

See topics

See concrete activities

See "next period"

Satisfied